OPENING HOURS: SUN – THU 07.00 – 01.00 FRI – SAT 07.00 – 02.00



FOOD SERVED EVERY DAY FROM 11.30 — 22.30 (SUNDAY'S FROM 12PM)

SNACKS: CRISPS £1.5 | NUTS £2: DRY ROASTED — SALTED — RAW MIXED NUT, FRUIT & CHOCOLATE — RAW NUTS & FRUIT - SMOKED ALMONDS |
OUR ALLERGEN FREE SNACKS £2: THAI CHILLI Crackers - BBQ CORN - Salt&Pepper CHICKPEAS - WASABI peas



HALLOUMI FRIES, GREEK YOGHURT, HARISSA V 9
PRAWN AND PORK POPS, DIPPING SAUCE 9
STICKY PORK BELLY, HOMEMADE BBQ SAUCE 8
HONEY MUSTARD ROASTED CHIPOLATAS 6
CHEESY GARLIC BAGUETTE V 5

## SALADS in SMALL £8 or LARGE £12 portions

ROASTED BEETROOT and BLUE CHEESE V 8/12 quinoa, kale, grapes, walnuts

PRAWN and MANGO SALAD GF 8/12 basil and mint leaf, tomato, crispy shallot, leek, chilli HONEY, SOY & GINGER CHICKEN SALAD GF V 8/12 red and white cabbage, peppers, red onion, parsley, pomegranate

# **SANDWICHES**

served with vegetable crisps, on white or brown bloomer

CLUB SANDWICH 13
chicken fillet, back bacon, egg, leaves, tomato
HUMMUS SPINACH TORTILLA V 10
grilled balsamic vegetables, red onion, cucumber, mint

HAM AND CHEESE SANDWICH 10
honey roast ham, mild cheddar
SMOKED SALMON BAGEL 12
cucumber, red onion, chive cream cheese, salad
BLACKENED CHICKEN and CHARRED CORN WRAP 12
fall slaw, honey lime sour cream

#### **DAILIES**

HOMEMADE SOUP OF THE DAY V 4.5 BREAD PORTION (supplement) 1.5

## FROM THE GRILL

8oz EAST DOCK PATTY BEEF BURGER 15 bun, cheddar cheese, smoked streaky bacon, gherkin, onion, tarragon mayonnaise, lettuce, beef tomato, chunky chips

#### **BUTCHER'S CUTS**

(Please allow enough time for cooking)
28 DAY DRY-AGED ENGLISH BEEF

6oz FILLET STEAK 21 8oz RIB EYE STEAK 18 8oz FLAT IRON STEAK 15

Your choice of homemade sauces £2 each: MADEIRA WINE IUS OR GREEN PEPPERCORN

## SIDES 4.5

CAULIFLOWER & CHEESE V
SAUTEED KALE with GARLIC V GF
HOUSE SALAD GF DF V

GREEN BEANS & SHALLOTS V GF DF LYONNAISE POTATOES V GF

**CHUNKY CHIPS** 

## PIZZA & PASTA

PIZZA MARGHERITA 10 PIZZA PEPPERONI 11

American style pizza with tomatoes and mozzarella Mozzarella & Edam cheese, pepperoni-salami

#### **COMPOSE YOUR FAVOURITE PASTA DISH 12**

CHOOSE PASTA: Linguine

Tagliatelle

Gnocchi

**CHOOSE SAUCE:** 

Arrabbiata V (spicy garlic, tomatoes, red chili peppers cooked in olive oil)

Green Pesto V (basil, salt, garlic, virgin olive oil, pine nuts and grated cheese)
White Pesto V (ricotta, pine kernels, garlic, oregano, parmesan)

CHOOSE PROTEIN:

FROM THE SEA

Beer battered haddock filet,

crushed peas, homemade tartar sauce

FISH'N'CHIPS 15

Herbed chicken breast +7

se) Grilled halloumi +8 Garlic Tiger prawns +6

 $\mathsf{GF}\text{-}\,\,\mathsf{Gluten}\,\,\mathsf{Free}\,\,|\,\,\mathsf{V}-\mathsf{Vegetarian}\,\,|\,\,\mathsf{DF}-\mathsf{Dairy}\,\,\mathsf{free}$